



AUTOMATION | ELECTRICAL
DATA COMM & SECURITY
INDUSTRIAL & SAFETY
FLUID POWER

INDUSTRIAL & SAFETY

WED. SEPT. 21
9 AM - 11 AM

SMC SEDALIA
1616 W. MAIN ST.
SEDALIA, MO 65301

FALL PROTECTION BASIC AWARENESS

OSHA requires that the employer shall provide a training program for each employee who might be exposed to fall hazards. The program shall enable each employee to recognize the hazards of falling and shall train each employee in the procedures to be followed in order to minimize these hazards.

This class fulfills these OSHA requirements and trains anyone working from a height greater than four (4) feet on fall protection basics. Each student will receive a certificate to satisfy OSHA annual awareness training.



COST

\$75
per student



REGISTER

To register, contact Ashli Anderson at
aanderson@smcelectric.com by Wednesday, August 24th.

COURSE SCHEDULE:

Fall Hazard Recognition

- Fall Prevention: Elimination of the fall hazard
 - Types of fall prevention:
 - Guard rails and hand rails
 - Safety nets
 - Positioning and restraint systems and rules
- Fall Protection
 - Control measures designed to minimize injury and eliminate death when a fall occurs
 - Components of fall protection:
 - Anchor points
 - Ratings and devices to consider
 - Connecting devices
 - Shock Absorbing lanyards
 - Rope grabs and lifelines
 - Proper connection points
 - Body-wear
 - Full Body Harness
 - Descent and Rescue
 - Confined space
 - Rescue Plan Importance
 - Inspection of Equipment
 - Importance of the user to inspect equipment BEFORE each use
 - Guidelines for inspection
 - Harness and Body belt criteria
 - Webbing, D-ring, tongue buckles
 - Friction and mating buckles
 - Lanyard inspection criteria
 - Steel, rope, webbing
 - Shock absorber pack and bungee style
 - Hardware inspection
 - Snaps, keeper springs, keeper locks etc.